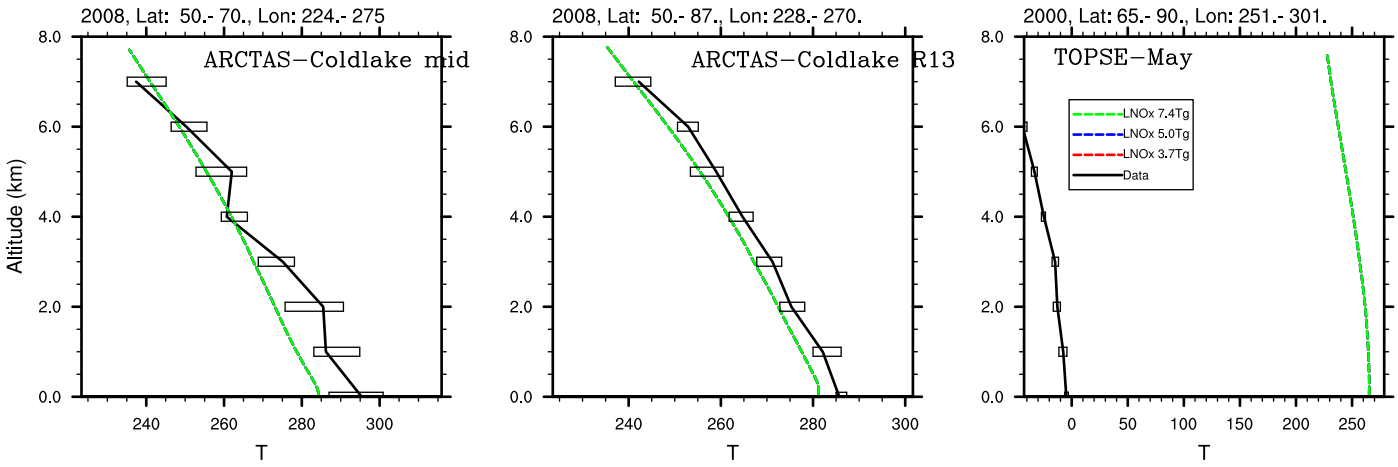Northern Hemisphere Polar JJA T